

Medical Release & Waiver

1. Date of last physical exam: _____
2. Are you allergic to any medications? Y / N. If yes, please specify: _____
3. Any other allergies? _____
4. Any history of ___ Heart Problems, ___ Respiratory Problems, ___ Dizzy Spells, ___ Diabetes, ___ Epilepsy, ___ Rheumatic Fever, ___ Head Injury, Other (explain): _____
5. Do you have any current injuries? Y / N. If yes, please explain: _____
6. Do you have any physical restrictions? Y / N. If yes, please explain: _____
7. Are you currently taking any medication? Y / N.
8. Do you require any special taping or bracing? Y / N
9. Please list any other conditions we should be aware of: _____

Participating in sports camps requires an acceptance of risk of injury. The College of Charleston has taken reasonable precautions to minimize the risk of significant injury by providing competent coaching & instruction, well-maintained equipment & facilities, proper conditioning & good medical care. Each one of you risks becoming tragically injured. With this understanding, the undersigned do hereby WAIVE & RELEASE the College of Charleston, faculty & camp staff, from all liability, arising out of any sickness or injury, including death that may occur while participating in a sports camp. I understand that should a health emergency arise, I will be notified, but that if I cannot be reached by telephone, such medical treatment as deemed necessary by competent medical personnel is authorized. Other than medical emergency, I authorize the College to examine & treat my child in the same way that college students are treated with the notification of parents being dependent on the judgment of the physician.

Participant Name: _____

Parent/Guardian Signature: _____

Emergency Contact Information:

Name: _____ #: _____

Name: _____ #: _____

Family Insurance Co: _____

Policy #: _____

REGISTRATION FORM

TEAM CAMP: JULY 14-16

- Overnight \$325 Commuter \$260

ELITE SKILLS CAMP: JULY 17-20

- Overnight \$395 Commuter \$275 (July 18-20)

1 DAY POSITIONAL CAMPS WITH OVERNIGHT OPTION

July 21 Libero Camp \$90 | 2 Sessions— COMMUTER

Includes Lunch— Done at 4:00pm

July 21 Libero Camp \$175 | 3 Sessions—

Includes 2 meals & 1 night in the dorms—Check out 9am July 22

July 22 Hitter Camp \$90 | 2 Sessions— COMMUTER

Includes Lunch— Done at 4:00pm

July 22 Hitter Camp \$175 | 3 Sessions—

Includes 2 meals & 1 night in the dorms—Check out 9am July 23

July 23 Setter Camp \$90 | 2 Sessions— COMMUTER

Includes Lunch— Done at 4:00pm

July 22-23 Setter Camp \$175 | 3 Sessions—

(1st session 6-8pm July 22nd)

Includes 3 meals & 1 night in the dorms—Done at 4pm on July 23

July 21-22 Libero/Hitter Camp \$265 | 5 Sessions—

Includes 4 meals + 1 night in the dorms—Check out 4pm July 22

July 22-23 Hitter/Setter Camp \$265 | 5 Sessions—

Includes 4 meals + 1 night in the dorms—Check out 4pm July 23

July 21-23 Libero/Hitter/Setter Camp \$395 | 8 Sessions—

Includes 7 meals + 2 nights in the dorms—Check out 4pm July 23

Camper name: _____

Address: _____

City: _____ State/Zip: _____

Phone: H: _____ Cell: _____

Birth Date: _____ Age: _____ Grade Entering: _____

Position(s): S OH MB DS/L Height: _____

School: _____

Club Team: _____

T-Shirt Size Requested (Adult): S M L XL

Roommate Request: _____

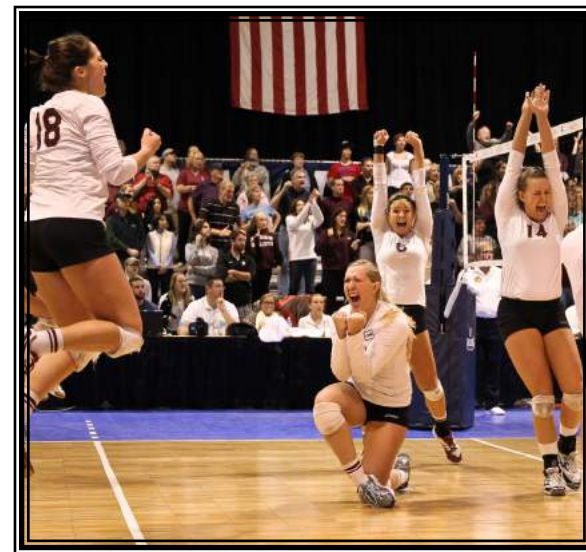
Email: _____

Deposit/Cancellation: A \$100 deposit is due with your application for **Team & Skills Camps by June 6th**. There is a \$50 administrative fee for ALL cancellations made up to June 12th.

NO REFUNDS for cancellations made after June 12th.

COLLEGE of CHARLESTON

2017 VOLLEYBALL CAMPS



TEAM CAMP

July 14-16

ELITE SKILLS CAMP

July 17-20

POSITION CAMPS WITH OVERNIGHT OPTION

Libero Camp: July 21

Hitter Camp: July 22

Setter Camp: July 23

Please make all checks payable to:
College of Charleston Volleyball Camp
66 George Street, Charleston, SC 29424
Online registration & Credit card payment:
<http://www.cougarvolleyballcamp.com>

CAMP STAFF



Jason Kepner is the Head Coach of the CofC Women's Volleyball team & will serve as camp director. In his 10 years leading the Cougars, his teams have won 6 regular season titles & 4 conference tournament championships. Throughout these seasons, his players have earned 40 **All-Conference** honors & he was **Coach of the Year** in 2007 & 2013. The CofC coaches & players as well as other collegiate coaches will complete the camp staff.

ELITE SKILLS CAMP

Commuter \$275

July 18-20

Open to girls entering grades 5-12. This camp is designed to work primarily on the fundamentals of volleyball in a challenging & fun environment. Excellent instruction given by college coaches & Division I players will help you master the basics & prepare for your school season.

Lunch will be provided on July 19-20.

Camp ends at 12:00pm on July 20th.

Check-In: 7:30-8:45am at TD Arena

Overnight Camper \$395

July 17-20

Open to girls entering grades 7-12. The extra night sessions allow for more skill training & competitive games against each other & CofC players.

Check-In: 2:30-4:30pm at Dorm

*Commuters will participate in 5 sessions over the course of the 3 days. Overnight Campers will participate in 8 sessions over the course of the 4 days. Evening Sessions are for Overnight Campers only.

Check-out is 12-1pm following Camp Closing Ceremony.

Register early as space is limited!



Please contact Jason Kepner with any questions at:
kepnerj@cofc.edu or 843.953.8246

TEAM CAMP

Overnight \$325, Commuter \$260 July 14-16 (Includes Play Date)

Open to high school Varsity & JV teams in grades 9-12 looking to prepare for the upcoming season. The first two days will be team development & competitive wash drills ending with a play date on the final day including all teams from team camp. A member of our camp staff will be assigned to each team. Room & board will be provided **FREE of cost for 1 coach per team. Additional Coaches are \$100 each.**

*Team Camp Daily Schedule includes morning & afternoon sessions comprised of skill training & wash drills. **All meals will be provided at the Liberty Street Fresh Food Company.** The evening session will be all scrimmages & game play. Including all teams from camp.*

Sunday, July 16th is an all day tournament, including competition against camp teams. It is open to all parents wishing to attend & watch. **Breakfast is provided on July 16th. Teams are responsible for their own lunch during the tournament.**

**Regular check-in 7:00-9:00 am at the dorm, TBD

**Early check-in is available to teams wishing to arrive on July 13th.

Check-in time will be 4:00 -7:00 pm, & the cost is an additional \$45 per person - includes breakfast on the 14th!



FACILITIES

All camp sessions will take place in the TD Arena, located at 301 Meeting Street, Charleston, SC. **Commuter & Positional Camp check-in location is located in the main arena on the concourse level** (enter through Meeting St entrance pictured on the left below). **Overnight & team camp check-in is located in the lobby of the dorm: TBD.**

MEALS

College of Charleston's Liberty Street Fresh Food Company Dining Hall & outside food service providers will be utilized to guarantee that our athletes are receiving adequate meals during volleyball camps.



CAMP WEBSITE

CREDIT CARD PAYMENT OPTION
<http://www.cougarvolleyballcamp.com>

POSITIONAL CAMPS

Libero Camp \$90—COMMUTER July 21

Defensive Specialists/Liberos will focus on forearm passing & defensive techniques. We will address proper body position & footwork as well as out-of-system setting, serving & emergency defense.

Sessions: 9-11:30 am & 1-4 pm—Includes Lunch

Libero Camp \$175—OVERNIGHT July 21

Includes 2 Meals beginning with Lunch on July 21 & 1 Night in the Dorms—Checking out 9am July 22.

Sessions: 9-11:30 am & 1-4 pm & 6-8 pm

Hitter Camp \$90—COMMUTER July 22

This camp is for Outside, Middle & Right Side Hitters. We will be training footwork, technique, & various attacks as well as position specific drills for improvement of overall game execution.

Sessions: 9-11:30 am & 1-4 pm—Includes Lunch

Hitter Camp \$175—OVERNIGHT July 22

Includes 2 meals beginning with Lunch on July 22 & 1 Night in the Dorms—Checking out 9am July 23.

Sessions: 9-11:30 am & 1-4 pm & 6-8 pm

Setter Camp \$90 - COMMUTER July 23

Setter Camp will focus on training all aspects of competitive setting including footwork, body posture, hand placement as well as decision making. Each setter will get a high number of repetitions in various situations.

Sessions: 9-11:30 am & 1-4 pm—Includes Lunch

Setter Camp \$175—OVERNIGHT July 22

Includes 3 Meals beginning with Dinner on July 22 & 1 Night in the Dorms—Checking out 4pm July 23.

Sessions: 6-8 pm on July 22 —9-11:30am & 1-4pm on July 23

Libero/Hitter Overnight Combination \$265 July 21-22

1 night in the Dorms - 4 meals beginning with Lunch on July 21

Sessions: 9-11:30am & 1-4pm & 6-8pm on July 21

9-11:30am & 1-4pm on July 22nd

Hitter/Setter Overnight Combination \$265 July 22-23

1 night in the Dorms - 4 meals beginning with Lunch on July 22

Sessions: 9-11:30am & 1-4pm & 6-8pm on July 22

9-11:30am & 1-4pm on July 23rd

Libero/Hitter/Setter Overnight Combination \$395 July 21-23

2 nights in the Dorms - 7 meals beginning with Lunch on July 21

Sessions: 9-11:30am & 1-4pm & 6-8pm on July 21

9-11:30am & 1-4pm & 6-8pm on July 22

9-11:30am & 1-4pm on July 23rd