

Medical Release & Waiver

1. Date of last physical exam: _____
2. Are you allergic to any medications? Y / N. If yes, please specify:

3. Any other allergies? _____
4. Any history of _____ Heart Problems, _____ Respiratory Problems,
_____ Dizzy Spells, _____ Diabetes, _____ Epilepsy, _____ Rheumatic Fever,
_____ Head Injury, Other (explain): _____
5. Do you have any current injuries? Y / N. If yes, please explain:

6. Do you have any physical restrictions? Y / N. If yes, please explain:

7. Are you currently taking any medication? Y / N.
8. Do you require any special taping or bracing? Y / N
9. Please list any other conditions we should be aware of:

Participating in sports camps requires an acceptance of risk of injury. The College of Charleston has taken reasonable precautions to minimize the risk of significant injury by providing competent coaching & instruction, well-maintained equipment & facilities, proper conditioning & good medical care. Each one of you risks becoming tragically injured.

With this understanding, the undersigned do hereby WAIVE & RELEASE the College of Charleston, faculty & camp staff, from all liability, arising out of any sickness or injury, including death that may occur while participating in a sports camp. I understand that should a health emergency arise, I will be notified, but that if I cannot be reached by telephone, such medical treatment as deemed necessary by competent medical personnel is authorized. Other than medical emergency, I authorize the College to examine & treat my child in the same way that college students are treated with the notification of parents being dependent on the judgment of the physician.

Participant Name: _____

Parent/Guardian Signature: _____

Emergency Contact Information:

Name: _____ #: _____

Name: _____ #: _____

Family Insurance Co: _____

Policy #: _____

Please contact Jason Kepner with any questions at:
kepnerj@cofc.edu or 843.953.8246

REGISTRATION

TEAM CAMP: JULY 17-19

☐ Overnight Thursday \$380 ☐ Overnight Friday \$330 ☐ Commuter \$260

ELITE SKILLS CAMP: JULY 10-13

☐ Overnight \$450 ☐ Commuter \$350 (July 10-13)

1 DAY POSITIONAL CAMPS WITH OVERNIGHT OPTION

July 14 ☐ Libero Camp \$120 | 2 Sessions— COMMUTER

Includes Lunch— Done at 4:00pm

July 14 ☐ Libero Camp \$150 | 3 Sessions— COMMUTER

Includes Lunch— Done at 8:00pm

July 14-15 ☐ Libero Camp \$225 | 3 Sessions— OVERNIGHT

Includes 2 meals & 1 night in the dorms—Check out 9am July 15

July 15 ☐ Hitter Camp \$120 | 2 Sessions— COMMUTER

Includes Lunch— Done at 4:00pm

July 15 ☐ Hitter Camp \$150 | 3 Sessions— COMMUTER

Includes Lunch— Done at 8:00pm

July 15-16 ☐ Hitter Camp \$225 | 3 Sessions— OVERNIGHT

Includes 2 meals & 1 night in the dorms—Check out 9am July 16

July 16 ☐ Setter Camp \$120 | 2 Sessions— COMMUTER

Includes Lunch— Done at 4:00pm

July 16 ☐ Setter Camp \$150 | 3 Sessions— COMMUTER

Includes Lunch— Done at 8:00pm

July 15-16 ☐ Setter Camp \$225 | 3 Sessions— OVERNIGHT

*Includes 2 meals & 1 night in the dorms—Check out 9am July 17
(1st session 6-8pm July 15th)*

Includes 3 meals & 1 night in the dorms—Done at 4pm on July 16

July 14-15 ☐ Libero/Hitter Camp \$295 | 5 Sessions—

Includes 4 meals + 1 night in the dorms—Check out 4pm July 15

July 15-16 ☐ Hitter/Setter Camp \$295 | 5 Sessions—

Includes 4 meals + 1 night in the dorms—Check out 4pm July 16

July 14-16 ☐ Libero/Hitter/Setter Camp \$425 | 8 Sessions—

Includes 7 meals + 2 nights in the dorms—Check out 4pm July 16

Camper name: _____

Address: _____

City: _____ State/Zip: _____

Phone: H: _____ Cell: _____

Birth Date: _____ Age: _____ Grade Entering: _____

Position(s): S OH MB DS/L Height: _____

School: _____

Club Team: _____

T-Shirt Size Requested (Adult): S M L XL

Roommate Request: _____

Email: _____

Deposit/Cancellation: A \$100 deposit is due with your application for **ALL CAMPS by June 8th**. There is a \$50 administrative fee for ALL cancellations made up to June 12th.

NO REFUNDS for cancellations made after June 12th.

COLLEGE OF CHARLESTON VOLLEYBALL



2020 VOLLEYBALL CAMPS



TEAM CAMP

July 17-19

ELITE SKILLS CAMP

July 10-13

POSITION CAMPS WITH OVERNIGHT OPTION

Libero Camp: July 14

Hitter Camp: July 15

Setter Camp: July 16

Please make all checks payable to:
College of Charleston Volleyball Camp
66 George Street, Charleston, SC 29424
Online registration & Credit card payment:

CAMP STAFF



Jason Kepner is the Head Coach of the CofC Women's Volleyball team & will serve as camp director. In his 11 years leading the Cougars, his teams have won 7 regular season titles & 4 conference tournament championships. Throughout these seasons, his players have earned 44 **All-Conference** honors & he was **Coach of the Year** in 2007, 2013, 2017. The CofC coaches &

players as well as other collegiate coaches will complete the camp staff.

ELITE SKILLS CAMP

Commuter Camper \$350.00 July 10-13

NEW for 2020! Two additional sessions added! Friday July 10th—

Check In @ TD Arena : 1:00-2:30pm

(NEW) Session 1: 2:30-5:30pm (Dinner provided)

(NEW) Session 2: 6:30-8:30pm (PLAYING!)

Saturday July 11th & Sunday July 12th—

Session 3/5: 9:00-11:30am (Lunch provided)

Session 4/6: 1:00-4:00pm (Pick up @ TD Arena)

Monday July 13th—

Session 7: 9:00-11:45am (Pick up @TD Arena)

Overnight Camper \$450.00 July 10-13

NEW for 2020! One additional session added! Friday July 10th—

Check In @ Dorm: 12:30-2:00pm

(NEW) Session 1: 2:30-5:30pm

Session 2: 6:30-8:30pm (PLAYING!)

Saturday July 11th & Sunday July 12th—

Session 3/6: 9:00-11:30am

Session 4/7: 1:00-4:00pm

Session 5/8: 6:00-8:00pm (PLAYING!)

Monday July 13th—

Session 9: 9:00-11:45am

This camp is designed to work primarily on the fundamentals of volleyball in a challenging, fun, and safe environment. Instruction and supervision are given by College of Charleston Staff, current and former College of Charleston players, college coaches from around the country, and local club and high school coaches. A mix of solid drills and exciting game play creates a valuable and amazing camp experience for your daughter just in time for her Fall Season!

This camp is open to any and all girls entering the grades below:
Commuter Camp: Grades 5-12 | Overnight Camp: Grades 7-12

TEAM CAMP

Overnight \$330, Commuter \$260 July 17-19 (Includes Play Date)

Open to any and all high school Varsity & JV teams in grades 9-12 looking to prepare for the upcoming season. The first two days will be team development & competitive wash drills ending with a play date on the final day including all teams from team camp. A member of our camp staff will be assigned to each team. Room & board will be provided **FREE of cost for 1 coach per team. Additional Coaches are \$100 each for Friday check-in. For Thursday check-in, coaches are \$150.00.**

Team Camp Daily Schedule includes morning & afternoon sessions comprised of skill training & wash drills. All meals will be provided at the Liberty Street Fresh Food Company. The evening session will be all scrimmages & game play. Including all teams from camp.

Sunday, July 19th is an all day tournament, including competition against camp teams. It is open to all parents wishing to attend & watch. *Breakfast is provided on July 19th. Teams are responsible for their own lunch during the tournament.*

****Regular check-in 7:00-9:00 am at the dorm, TBD**

****Early check-in is available to teams wishing to arrive on July 16th. Check-in time will be 4:00 -7:00 pm, & the cost is an additional \$50.00 per person - includes breakfast on the 17th!**

FACILITIES

All camp sessions will take place in the TD Arena, located at 301 Meeting Street, Charleston, SC. **Commuter & Positional Camp check-in location is located in the main arena on the concourse level** (enter through Meeting St entrance pictured on the left below). **Overnight & team camp check-in is located in the lobby of the dorm: TBD.**

MEALS

College of Charleston's Liberty Street Fresh Food Company Dining Hall & outside food service providers will be utilized to guarantee that our athletes are receiving adequate meals during volleyball camps.



CAMP WEBSITE

CREDIT CARD PAYMENT OPTION
<http://www.cougarvolleyballcamp.com>

POSITIONAL CAMPS

Libero Camp \$120/\$150—COMMUTER July 14

Def. Specialists/Liberos will focus on forearm passing, defensive techniques, proper body position, footwork, out-of-system setting, serving & emergency defense.

\$120.00 = Sessions: 9-11:30 am & 1-4 pm—Includes Lunch

\$150.00 = Sessions: 9-11:30 & 1-4pm & 6-8pm—includes Lunch and Dinner

Libero Camp \$225—OVERNIGHT July 14

Includes 2 Meals - beginning with lunch on July 14

1 Night in the Dorms—Checking out 9am July 15

Sessions: 9-11:30 am & 1-4 pm & 6-8 pm

Hitter Camp \$120/\$150—COMMUTER July 15

This camp is for Outsides, Middles & Right Sides. We will be training footwork, technique, various attacks and position specific drills for improvement of overall game execution.

\$120.00 = Sessions: 9-11:30 am & 1-4 pm—Includes Lunch

\$150.00 = Sessions: 9-11:30 & 1-4pm & 6-8pm

Hitter Camp \$225—OVERNIGHT July 15

Includes 2 meals beginning with Lunch on July 15

1 Night in the Dorms—Checking out 9am July 16.

Sessions: 9-11:30 am & 1-4 pm & 6-8 pm—includes Lunch and Dinner

Setter Camp \$120/\$150 - COMMUTER July 16

Setter Camp will focus on training all aspects of competitive setting including: footwork, body posture, hand placement, and decision making. Each setter will get a high number of repetitions in various situations.

\$120.00 = Sessions: 9-11:30 am & 1-4 pm—Includes Lunch

\$150.00 = Sessions: 9-11:30 & 1-4pm & 6-8pm—includes Lunch and Dinner

Setter Camp \$225—OVERNIGHT July 15

Includes 3 Meals beginning with Dinner on July 15

& 1 Night in the Dorms—Checking out 4pm July 16.

Sessions: 6-8 pm on July 15 —9-11:30am & 1-4pm on July 16

Libero/Hitter Overnight Combination \$295 July 14-15

1 night in the Dorms - 4 meals beginning with Lunch on July 20

Sessions: 9-11:30am & 1-4pm & 6-8pm on July 14

9-11:30am & 1-4pm on July 15

Hitter/Setter Overnight Combination \$295 July 15-16

1 night in the Dorms - 4 meals beginning with Lunch on July 15

Sessions: 9-11:30am & 1-4pm & 6-8pm on July 15

9-11:30am & 1-4pm on July 16

Libero/Hitter/Setter Overnight Combination \$425 July 14-16

2 nights in the Dorms - 7 meals beginning with Lunch on July 14

Sessions: 9-11:30am & 1-4pm & 6-8pm on July 14

9-11:30am & 1-4pm & 6-8pm on July 15

9-11:30am & 1-4pm on July 16